

### Psalm 121

*God (Elohim)—the Help of those who seek Him*

I will lift up my eyes to the hills—from where  
does my help come from?

My help comes from the Lord (Yahuweh), Who  
made heaven and earth.

He will not allow your foot to be moved; He who  
watches over you does not slumber.

Behold, He who is guarding Israel shall neither  
slumber nor sleep.

Yahuweh is your protector; Yahuweh is your  
shade at your right hand.

The sun shall not strike you by day, nor  
the moon by night.

Yahuweh shall guard (preserve) you from all evil;  
He shall guard your soul/being.

Yahuweh shall guard your going out and your coming  
in from this time forth, and even forevermore.



*Come to the Master's feet (Jesus/Yahushua)...the only  
place to find hope and meaning during suffering.*

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